



Topic: Death can also be poetry

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I created the methodology Organizational Therapy used in this case. The human body is used as a tool in the pursuit of integration of thought, feeling, body and spiritual. Music is used as a meaningful material resource. Deepens the processes in shade and integrates with light, seeking lightness, softness and balances emotions, dealing with organization and individual demands and requirements.

It is a clinical and organizational work. Grounding is the key to strengthening the role in the client family and in the professional area. Exercises of Bioenergetics, drama, dances, rituals, and family constellations organizational, creative games, massages, views, Tibetan and Indian Yoga are conducted at meetings.

In 2008 – I worked with the President of a company in São Paulo (Brazil). His intentions were preparing the presidency succession and engage himself in fairs and business travels. The proposal was individual and group psychotherapy and coaching.

Body workout were carried out in the 1st meeting with the Board, focusing on Bioenergetics, in order to establish support and grounding, after this, the persons involved expressed how have felt distant from the down staff, missing define positions/functions; lacking clarity in objectives; the company had its own brilliance, but without direction, was needed more contact, exchange, between all and alignment with the market.

An accident happened on a business trip, and AR (president) died. The widow has continued the contract with me as established with AR. Until then she only advised him at home, after that she take a new role (chair of the firm). The daughter who accompanied AR on the trip and survived the accident, was responsible for Quality, and is now Director. The other daughter who worked in the area of Logistics, medium importance, assumed the role of Director.

Challenges: Preparing the widow to be a chair and help children take the new role responsibility and commitment. Our work is being conducted since the 15th day after the death of the AR, and spent 6 months until now. It consists on sessions, individual coaching / psychotherapy (time to go deep in body crystallizations, traumas, memories.) and group therapy. The goal is to prepare people for the new role, deepen grounding, and reorganize emotions that reduce the quality of the person, taking caring of their emotional difficulties.

The reality after 6 months: financial difficulties; lack of motivation in the chairman role, confusion; transitions delegations; Search for a new view in their role. Goals achieved: The autocratic leadership evolved to self management, the finance manager, was promoted to consultant, A Manager hired by the AR 2 months before his dead adjusted herself to the team; it happening a new organizational matrix and people are assuming the new managerial role; Changing is happening in the plant layout, as well in financial results is growing.

This work will be illustrated with images of body experiences conducted by assistant Marcina C. Jesus.